

# Spinach and Mushroom Pizza with Mascarpone Cheese

Yield: 8 min  
Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/mascarpone-cheese-indian-recipe>

## Ingredients:

- 2/3 cup water
- 2 cups strong white flour
- 1 tablespoon olive oil extra virgin
- 1 1/2 teaspoons salt
- 1 tablespoon sugar
- 1 teaspoon dry yeast
- 1 tablespoon olive oil
- 2 5/8 cups mushrooms Forestiere, or chestnut
- 6 2/3 cups baby spinach
- 2 cloves garlic minced
- 1 1/3 cups mascarpone cheese
- 1 1/3 cups mozzarella mini balls, cut in half, or shredded mozzarella
- red onion

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 30 milligrams
4. Fat: 13 grams
5. Fiber: 5 grams
6. Protein: 12 grams
7. SaturatedFat: 6 grams
8. Sodium: 660 milligrams
9. Sugar: 3 grams

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