

# Thanksgiving Slaw

Yield: 8 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/freezer-slaw-recipes>

## Ingredients:

- 1/3 cup vegetable oil
- 1/4 cup apple cider vinegar
- 2 tablespoons maple syrup
- 4 teaspoons Dijon mustard
- 1/2 teaspoon kosher salt
- 1/2 red onion medium, finely chopped
- 1 head green cabbage about 2 1/2 pounds, or about 10 cups shredded cabbage
- 3/4 cup sliced almonds toasted
- 3/4 cup dried cranberries
- 3/4 cup Italian parsley leaves fresh, coarsely chopped
- kosher salt
- freshly ground black pepper

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 15 grams
3. Fat: 14 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 270 milligrams
8. Sugar: 6 grams

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