

Mexican Corn Cakes

Yield: 8 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/martha-stewart-mexican-corn-recipe>

Ingredients:

- 1 1/2 cups masa harina
- 1/2 cup all-purpose flour
- 1 teaspoon baking powder
- 1/2 teaspoon coarse salt
- 1/2 cup cotija cheese grated
- 2 cups corn kernels coarsely chopped fresh or frozen, about 2 ears
- 1 cup warm water 110 degrees
- 6 tablespoons vegetable oil for frying

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 20 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 15 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 830 milligrams
9. Sugar: 3 grams

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