

# Everyday Food by Martha Stewart

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-babka-recipe-martha-stewart>

## Ingredients:

- 1 pound mango pulp, about 3 yellow mangoes
- 6 peaches small vine, 7 oz; 200 g flesh, peeled, cored, and diced
- 1/3 cup apple juice quality
- 20 raspberries halved
- 12 1/2 ounces red currant and raspberries combined
- 1/3 cup cane sugar blond
- 1/4 cup apple juice quality
- 4 corn ears, husked and silks removed
- 2 cups milk at 2%
- 2 cups water
- 2 tablespoons olive oil plus more for serving
- 1 shallot large, finely chopped
- 1 leek white part only finely chopped
- 2 thyme twigs
- 4 sage leaves
- sea salt
- pepper
- 5 leaves basil
- 3 leaves parsley
- 1/4 red pepper cored and seeds removed, finely diced
- 1/4 orange pepper cored and seeds removed, finely diced
- 2 scallions cleaned and finely chopped
- 1/3 cup crab meat fresh, to serve
- coriander flowers, to garnish, optional
- chives Chopped, to garnish, optional

## Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 112 grams
3. Cholesterol: 25 milligrams
4. Fat: 12 grams
5. Fiber: 17 grams
6. Protein: 19 grams
7. SaturatedFat: 3 grams
8. Sodium: 370 milligrams
9. Sugar: 73 grams

---

Thank you for visiting our website. Hope you enjoy Everyday Food by Martha Stewart above. You can see more 18 polish babka recipe martha stewart Unleash your inner chef! to get more great cooking ideas.