

The Best Greek Chicken Marinade

Yield: 2 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lemon-chicken-marinade-recipe>

Ingredients:

- 1 pound boneless, skinless chicken breasts about 2 large breasts
- 1/3 cup plain greek yogurt
- 1/4 cup olive oil
- 4 lemons juiced and zest of one lemon
- 5 cloves garlic pressed or minced
- 2 tablespoons dried oregano
- 1 teaspoon kosher salt
- 1/2 teaspoon freshly ground black pepper

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 120 milligrams
4. Fat: 28 grams
5. Fiber: 10 grams
6. Protein: 41 grams
7. SaturatedFat: 6 grams
8. Sodium: 1190 milligrams
9. Sugar: 2 grams

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