

# Portuguese Fish Soup In The Soup Maker

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/portuguese-prawn-rice-recipe>

## Ingredients:

- 1 large carrot
- 2 medium potatoes
- 1 red pepper Small
- 3 1/2 ounces white fish
- 1 handful clams
- 1 handful prawns
- tomatoes Can Of Tinned
- 1/3 glass red wine
- 2 teaspoons garlic puree
- 1 teaspoon mustard
- 2 teaspoons paprika
- 6 3/4 tablespoons water
- salt
- pepper

## Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 25 milligrams
4. Fat: 2 grams
5. Fiber: 5 grams
6. Protein: 12 grams
7. Sodium: 270 milligrams
8. Sugar: 4 grams

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