

Mardi Gras Wings Seasoning

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mardi-gras-dip-recipe>

Ingredients:

- 2 tablespoons dried rosemary
- 2 tablespoons chili powder
- 1 tablespoon kosher salt
- 1 tablespoon garlic powder
- 1 tablespoon ground oregano dried
- 1 tablespoon Creole seasoning Tony's
- 1 1/2 teaspoons cumin
- 1 teaspoon yellow mustard
- 1 teaspoon black pepper
- 3 tablespoons canola oil optional for making paste

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 7 grams
3. Fat: 11 grams
4. Fiber: 3 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 1840 milligrams

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