

New Orleans Mardi Gras Beignets

Yield: 36 min
Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/mardi-gras-milk-punch-recipe>

Ingredients:

- 1 1/2 cups lukewarm water
- 3 cups sugar powdered
- oil for deep-frying
- nonstick spray
- 1/4 cup shortening
- 2 teaspoons vanilla extract
- 7 cups bread flour
- 1 cup evaporated milk
- 1 1/4 teaspoons salt
- 2 eggs slightly beaten
- 1 envelope active dry yeast
- 1/2 cup granulated sugar
- yellow food coloring Purple, green and
- 2 cups powdered sugar
- 2 teaspoons milk

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 15 milligrams
4. Fat: 3.5 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 95 milligrams
9. Sugar: 26 grams

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