

# Marcus Samuelsson's Swedish Meatballs

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/marcus-samuelsson-swedish-meatballs-recipe>

## Ingredients:

- 1/2 cup dry breadcrumbs fine
- 1/4 cup heavy cream
- 2 tablespoons olive oil
- 1 red onion medium, finely chopped
- 1/3 pound ground chuck or sirloin
- 1/2 pound ground veal
- 1/2 pound ground pork
- 2 tablespoons honey
- 1 large egg
- 3 tablespoons unsalted butter
- 1 cup chicken stock
- 1/2 cup heavy cream
- 1/4 cup preserves lingonberry
- 2 tablespoons pickle juice

## Nutrition:

1. Calories: 840 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 265 milligrams
4. Fat: 59 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 28 grams
8. Sodium: 330 milligrams
9. Sugar: 30 grams

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