

# Mango Tango Smoothie

Yield: 2 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/mango-tango-drink-recipe-mexico>

## Ingredients:

- 1/2 cup tango Mango, Odwalla Smoothie
- 1/2 cup orange juice Simply
- 1/2 frozen banana
- 1 cup frozen mango chunks
- 3 frozen strawberries

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 5 milligrams
4. Fat: 1 grams
5. Fiber: 3 grams
6. Protein: 2 grams
7. Sodium: 10 milligrams
8. Sugar: 21 grams

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