

Mango Peach Slushie

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/mango-peach-italian-ice-recipe>

Ingredients:

- 1 mango ripe, cut into chunks
- 1 peach ripe, pitted and diced
- 4 tablespoons honey
- 1 cup vanilla almond milk
- 3 1/2 cups ice cubes

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 34 grams
3. Fat: 14 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 13 grams
7. Sodium: 20 milligrams
8. Sugar: 30 grams

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