

HOMEMADE MANGO ICE CREAM | HOW TO MAKE MANGO ICE CREAM

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/mango-ice-cream-indian-recipe-with-condensed-milk>

Ingredients:

- 4 cups fresh mango puree
- 500 milliliters heavy whipping cream chilled, US 1 pint
- 400 grams condensed milk 1 tin or 16 oz
- 1 cup mango chunks fresh ripe
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- 500 milliliters heavy whipping cream chilled, US 1 pint
- 400 grams condensed milk 1 tin or 16 oz
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Nutrition:

1. Calories: 1780 calories
2. Carbohydrate: 186 grams
3. Cholesterol: 415 milligrams
4. Fat: 111 grams
5. Fiber: 8 grams
6. Protein: 25 grams
7. SaturatedFat: 68 grams
8. Sodium: 360 milligrams
9. Sugar: 170 grams

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