

# Strawberry Salad from Melissa's Southern Style Kitchen

Yield: 6 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mango-french-toast-recipe-from-trishas-southern-kitchen>

## Ingredients:

- 3 tablespoons butter
- 1/3 cup brown sugar packed
- 1 tablespoon light corn syrup I used local honey
- 1/4 teaspoon salt
- 1 cup pecan halves
- 10 ounces baby greens Spring mix, I used a loose leaf lettuce from our garden
- 1 quart strawberries fresh, hulled and halved
- 1/2 pound bacon cooked and crumbled
- 2 ounces cheese crumbled Bleu
- vinaigrette Poppy Seed, recipe follows
- 1/3 cup apple cider vinegar
- 1/2 cup granulated sugar
- 1 shallot finely minced, or 1/4 cup diced onion, I used Vidalia onions
- 1 1/2 teaspoons dry mustard
- 1 1/2 teaspoons sea salt course
- 1 1/2 teaspoons poppy seeds
- 1 cup oil

## Nutrition:

1. Calories: 940 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 50 milligrams
4. Fat: 81 grams

5. Fiber: 6 grams
  6. Protein: 12 grams
  7. SaturatedFat: 16 grams
  8. Sodium: 1150 milligrams
  9. Sugar: 33 grams
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