

Malaysian Ripe Mango Salad

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-salad-recipe>

Ingredients:

- 3 cups mango Ripe, peeled and cubed
- 1/4 cup red onion Thinly sliced
- 2 tablespoons fresh coriander
- 2 tablespoons mint leaves
- 1/2 teaspoon sambal paste
- salt to taste
- 1/2 teaspoon sugar

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 23 grams
3. Fiber: 3 grams
4. Protein: 1 grams
5. Sodium: 210 milligrams
6. Sugar: 20 grams

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