## RecipesCh@ se

# Malaysian Fried Noodles (Mamak Style Mee Goreng)

Yield: 5 min Total Time: 45 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/malaysian-mee-goreng-recipe">https://www.recipeschoose.com/recipes/malaysian-mee-goreng-recipe</a>

# **Ingredients:**

- 1 cup dried red chili
- 1 tablespoon tamarind pulp
- 1 1/2 cups warm water divided
- 2 red chilies fresh, cut into 1/2 inch pieces
- 1/4 cup roasted peanuts
- 1/2 cup tomato ketchup
- 2 tablespoons soy sauce
- 2 Yukon Gold potatoes cut into small bite-sized pieces
- 3 tablespoons cooking oil
- 2 shallots small, thinly sliced
- 1 cup extra firm tofu cubed, or sliced fried tofu
- 1 pound yellow noodles fresh
- 2 eggs lightly beaten
- 1 1/2 cups bean sprouts fresh
- 1/4 cup roasted peanuts finely chopped
- 1 cup shredded lettuce
- 2 limes cut into wedges

#### **Nutrition:**

Calories: 830 calories
Carbohydrate: 101 grams
Cholesterol: 85 milligrams

4. Fat: 38 grams5. Fiber: 12 grams6. Protein: 31 grams7. SaturatedFat: 10 grams8. Sodium: 2580 milligrams

### 9. Sugar: 10 grams

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