

# Easiest Fish Curry

Yield: 2 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-fish-curry-powder-recipe>

## Ingredients:

- 1 1/8 pounds fish
- 5 pieces cod
- 1 tablespoon cooking oil
- 1 teaspoon garlic minced
- 1 tablespoon curry powder
- 1 teaspoon cayenne hot or sweet paprika
- 1/2 cup coconut milk
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 cup cilantro chopped

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 150 milligrams
4. Fat: 37 grams
5. Fiber: 3 grams
6. Protein: 49 grams
7. SaturatedFat: 16 grams
8. Sodium: 730 milligrams
9. Sugar: 2 grams

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