

Copycat Maid Rite Loose Meat Sandwich

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/maid-rite-recipe-slow-roasted-italian>

Ingredients:

- 1 pound ground beef
- 1 small onion minced
- 1 beef bouillon cube
- 1/2 cup water
- 1 tablespoon brown sugar
- 1 tablespoon apple cider vinegar
- 1 1/2 tablespoons Worcestershire sauce
- 1 1/2 tablespoons soy sauce
- hamburger buns
- ketchup
- mustard
- dill pickle slices

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Protein: 22 grams
6. SaturatedFat: 7 grams
7. Sodium: 890 milligrams
8. Sugar: 4 grams
9. TransFat: 1 grams

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