

Chinese Bhel

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-fried-maggi-noodles-recipe>

Ingredients:

- 1 package noodles fried
- 1 onion sliced
- 1 red pepper sliced
- 1/2 cup cabbage sliced
- 1 carrot cut in match stick
- 5 green onions chopped lengthwise + more for garnish
- 1 teaspoon sesame oil you can use any oil if you don't have sesame
- 2 tablespoons sauce schezwan
- 1 tablespoon Sriracha
- 1 teaspoon soy sauce
- 2 tablespoons Maggi sweet & spicy sauce or ketchup
- 1 tablespoon chili sauce
- 1 teaspoon honey
- 1 clove garlic shredded
- 1 inch ginger shredded
- salt to taste

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 14 grams
3. Fat: 1.5 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. Sodium: 890 milligrams
7. Sugar: 7 grams

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