

Spam & Edamame Fried Rice

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/spam-fried-rice-recipe-chinese>

Ingredients:

- 2 tablespoons peanut oil divided
- 2 eggs whisked
- 4 ounces bacon uncooked, cut in pieces
- 1 can spam cubed
- 1 onion small, chopped
- 3 large garlic cloves minced
- 1 teaspoon fresh ginger grated
- 3/4 cup frozen green peas & carrots
- 1/2 cup frozen edamame shelled
- 1/4 cup soy sauce
- 2 tablespoons sesame oil toasted
- 4 cups jasmine rice cooked & cooled
- 1 teaspoon ground pepper white
- 3 green onions stalks, chopped

Nutrition:

1. Calories: 1020 calories
2. Carbohydrate: 159 grams
3. Cholesterol: 125 milligrams
4. Fat: 31 grams
5. Fiber: 5 grams
6. Protein: 24 grams
7. SaturatedFat: 7 grams
8. Sodium: 1210 milligrams
9. Sugar: 3 grams

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