

Yuanxiao Dumplings for Lunar New Year

Yield: 16 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/lunar-new-year-recipe-ideas>

Ingredients:

- 3 medium potatoes peeled, boiled, mashed and cooled
- 2 large eggs beaten
- 1/2 teaspoon salt
- 1 1/2 cups all purpose flour
- 16 plums damson or Italian prune, washed and pitted
- 16 sugar cubes
- 4 tablespoons butter
- 1/4 cup bread crumbs
- confectioners sugar Optional garnish:, or granulated
- canela Optional garnish:

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 35 milligrams
4. Fat: 3.5 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 2 grams
8. Sodium: 115 milligrams
9. Sugar: 10 grams

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