

Swedish Saffron Buns

Yield: 35 min
Total Time: 115 min

Recipe from: <https://www.recipeschoose.com/recipes/st-lucia-swedish-saffron-buns-recipe>

Ingredients:

- 2 1/8 cups milk
- 1/2 cup butter
- 1 3/4 ounces cakes compressed fresh yeast
- 8 ounces quark or sour cream
- 1 gram saffron powdered
- 2/3 cup sugar
- 1/2 teaspoon salt
- 7 1/2 cups all purpose flour
- 1 cup raisins optional
- 1 eggs beaten

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 20 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 3 grams
8. Sodium: 95 milligrams
9. Sugar: 7 grams

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