

# Spanish Rice Stuffed Mushrooms

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/luby-s-spanish-indian-corn-recipe>

## Ingredients:

- 1 cup basmati rice cooked
- 24 ounces baby bella mushrooms whole
- 1 tablespoon olive oil
- 1 serrano fine julienne cut
- 1 habanero fine julienne cut
- 1 garlic cloves minced
- 10 ounces diced tomatoes with green chilies drained
- 11 ounces corn can jalapeno, drained
- 1 teaspoon salt
- 1 cup cilantro chiffonade cut

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 63 grams
3. Fat: 4.5 grams
4. Fiber: 6 grams
5. Protein: 12 grams
6. Sodium: 620 milligrams
7. Sugar: 9 grams

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