

Easy Homemade Low-Sodium Salsa

Yield: 8 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/low-sodium-recipe-mexican-food>

Ingredients:

- 8 tomatoes cocktail, about 8 ounces, quartered
- 2 green onions white and light green parts only, chopped
- 1 jalapeño pepper seeded and chopped
- 2 tablespoons chopped fresh cilantro
- 1 tablespoon fresh lime juice

Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 5 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 5 milligrams
6. Sugar: 4 grams

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