

Cracker Barrel Grilled Chicken Tenderloin

Yield: 20 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/low-fat-zesty-italian-dressing-recipe>

Ingredients:

- 1 pound chicken breast tenders boneless
- 1/2 cup zesty Italian dressing
- 1 teaspoon fresh lime juice
- 1 tablespoon honey

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 10 milligrams
4. Fat: 5 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 200 milligrams
8. Sugar: 1 grams

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