

Keto Greek Salad with Greek Salad Dressing

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/low-fat-greek-salad-dressing-recipe>

Ingredients:

- 1 cup lettuce spring mix, * chopped
- 1/2 cup cucumber * diced
- 1/4 cup tomato * diced
- 1/4 cup red pepper * diced
- 1 ounce feta cheese crumbles
- 6 Kalamata olives * chopped
- 1 tablespoon olive oil
- 2 teaspoons red wine vinegar
- 1/4 teaspoon dried oregano
- 1 pinch salt

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 5 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 180 milligrams
9. Sugar: 1 grams

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