

# Low Carb Italian Dressing

Yield: 1 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/best-low-carb-italian-dressing-recipe>

## Ingredients:

- 3/4 cup extra virgin olive oil
- 1/4 cup red wine vinegar
- 1 tablespoon Italian seasoning
- sugar optional
- honey optional
- grated Parmesan optional

## Nutrition:

1. Calories: 1640 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 15 milligrams
4. Fat: 167 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 25 grams
8. Sodium: 240 milligrams
9. Sugar: 33 grams

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