

Southern Tea Cakes

Yield: 16 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-cakes-recipe-book>

Ingredients:

- 3 cups all purpose flour
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1/8 teaspoon nutmeg
- 8 tablespoons unsalted butter softened
- 1 1/2 cups granulated sugar
- 1 1/2 teaspoons pure vanilla extract
- 2 large eggs 3.5 ounces, at room temperature
- 2 teaspoons milk

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 40 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 4 grams
8. Sodium: 180 milligrams
9. Sugar: 19 grams

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