

Scallop Horseradish Finger Food

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/beets-horseradish-recipe-polish>

Ingredients:

- scallops Fresh, no water, medium to large sized – as many as you need amuse-bouche, finger food.
- 1 cucumber
- beet horseradish the one I found is grown locally in MA
- oil Vegetal
- 1 scallion
- fleur de sel
- cayenne pepper

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 5 grams
3. Fat: 5 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. Sodium: 210 milligrams
7. Sugar: 2 grams

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