

# Marinated London Broil

Yield: 6 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/london-broil-swiss-steak-recipe>

## Ingredients:

- 1/4 cup soy sauce
- 1/2 cup dark brown sugar
- 2 tablespoons olive oil
- 3 cloves garlic minced or crushed
- 1/2 teaspoon ground ginger
- 2 1/4 pounds london broil piece of

## Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 70 milligrams
4. Fat: 18 grams
5. Protein: 38 grams
6. SaturatedFat: 6 grams
7. Sodium: 710 milligrams
8. Sugar: 18 grams

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