

# Valentine's LoftHouse Cookie Bars

Yield: 24 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/lofthouse-cookies-recipe-holiday-shortbread>

## Ingredients:

- 1 cup all-purpose flour
- 1 cup whole wheat flour white
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1/2 cup butter softened
- 1/2 cup granulated sugar
- 1 large egg
- 1 teaspoon vanilla extract
- 1/2 cup greek yogurt
- frosting
- 1/3 cup butter softened
- 1 1/4 cups powdered sugar
- 2 tablespoons milk
- 1/2 teaspoon vanilla extract
- 3 drops red food coloring

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 25 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 4 grams
8. Sodium: 110 milligrams
9. Sugar: 12 grams

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