

Soft and Fluffy Italian Bread

Yield: 10 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/quick-fluffy-italian-bread-recipe>

Ingredients:

- 3 cups all purpose flour
- 1 cup water
- 2 tablespoons olive oil
- 2 tablespoons powdered milk available in the baking aisle of the grocery store, or you can get it online
- 1 1/4 teaspoons salt
- 1 teaspoon sugar
- 2 teaspoons instant yeast my favorite brand is very affordable and available in bulk
- 1 beaten egg
- 1 tablespoon sesame seeds buy them in bulk for a big savings over the spice aisle!
- 3 cups all purpose flour
- 1 cup water
- 2 tablespoons olive oil
- 2 tablespoons powdered milk
- 1 1/4 teaspoons salt
- 1 teaspoon sugar
- 2 teaspoons instant yeast
- 1 egg beaten
- 1 tablespoon sesame seeds

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 30 milligrams
4. Fat: 9 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 620 milligrams

9. Sugar: 2 grams

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