

Lidia Bastianich

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/lidia-bastianich-italian-american-meatloaf-recipe>

Ingredients:

- 1 pound ricotta fresh, drained
- 1 egg
- 1 cup spinach puree –, very dry
- 1/2 cup parmigiano-reggiano freshly grated, or Grana Padano cheese
- 1/4 cup flour
- freshly ground pepper A generous amount of
- 1/2 teaspoon salt
- 1 1/2 sticks butter to taste or to the amount you'll need
- 10 whole fresh sage leaves
- hot water from the pasta cooking pot
- freshly ground black pepper to taste
- 1 cup parmigiano reggiano cheese grated

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 225 milligrams
4. Fat: 60 grams
5. Fiber: 1 grams
6. Protein: 29 grams
7. SaturatedFat: 37 grams
8. Sodium: 1260 milligrams
9. Sugar: 1 grams

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