

Lentil Salad

Yield: 3 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-lentil-salad-recipe>

Ingredients:

- 14 ounces lentils your choice, rinsed and drained, 400 g
- 1/4 cup red onion 35 g
- 1/4 cup red bell pepper 35 g
- 1/4 cup green bell pepper 35 g
- 1/4 cup carrots 40 g
- 1/4 cup cucumber 40 g
- 6 cherry tomatoes
- 2 handfuls fresh parsley 40 g
- 1/2 lemon
- 2 tablespoons extra virgin olive oil
- 1 teaspoon sea salt
- black pepper to taste