

Lemon Grass and Chicken Summer Rolls

Yield: 16 min
Total Time: 200 min

Recipe from: <https://www.recipeschoose.com/recipes/lemon-grass-chicken-vietnamese-recipe>

Ingredients:

- 2 pounds skinless boneless chicken breast
- 2 tablespoons fresh ginger root minced
- 2 tablespoons jalapeno chile minced fresh
- 1/2 cup seedless cucumber peeled and thinly-julienned
- 1/4 cup thai basil leaves minced fresh
- 1/4 cup fresh mint leaves minced
- 1/4 cup fresh cilantro minced
- 1 1/2 tablespoons lemon grass minced
- 1/2 cup ground peanuts
- 1/4 cup fish sauce
- 3 tablespoons lime juice
- 2 teaspoons white sugar
- 1 tablespoon sesame oil
- 1 tablespoon peanut oil
- 16 rice paper wrappers
- 16 leaves red-leaf lettuce

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 35 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 14 grams
7. SaturatedFat: 1 grams
8. Sodium: 430 milligrams
9. Sugar: 1 grams

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