

Minted Zucchini, Pea and Lemon Cucumber Salad

Yield: 2 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/lemon-cucumber-recipe-indian>

Ingredients:

- 2 zucchini small, peeled and thinly sliced lengthwise using a mandoline
- 1 lemon cucumber thinly sliced into rounds, then cut into half moons
- 1 handful hazelnuts toasted and crushed
- 1 teaspoon lemon zest
- 2 teaspoons fresh lemon juice
- 3 tablespoons olive oil
- 1 teaspoon champagne vinegar
- salt
- pepper
- humboldt fog cheese to taste
- 1/2 cup English peas freshly shelled
- 1/4 cup mint chopped

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 15 grams
3. Fat: 34 grams
4. Fiber: 7 grams
5. Protein: 7 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 330 milligrams
8. Sugar: 7 grams

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