

Easy Mexican Shredded Pork Loin

Yield: 4 min
Total Time: 130 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-style-pork-loin-recipe>

Ingredients:

- 3 pounds pork loin a whole center cut loin is usually 5-6 lbs so half and freeze the other half
- 14 ounces beef broth
- 3 tablespoons oil
- 2 tablespoons chili powder
- 1 teaspoon cumin double it if you what hot
- 1 teaspoon salt
- 1 onion chopped medium

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 215 milligrams
4. Fat: 56 grams
5. Fiber: 2 grams
6. Protein: 70 grams
7. SaturatedFat: 15 grams
8. Sodium: 1120 milligrams
9. Sugar: 1 grams

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