

# Lebanese Spice Mix

Yield: 4 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-spice-mix-recipe>

## Ingredients:

- 4 tablespoons ground cinnamon
- 6 teaspoons kosher salt
- 4 teaspoons ground nutmeg
- 2 teaspoons ground black pepper
- 1 teaspoon allspice

## Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 8 grams
3. Fat: 1 grams
4. Fiber: 5 grams
5. SaturatedFat: 0.5 grams
6. Sodium: 3590 milligrams
7. Sugar: 1 grams

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