

# Pear Parsley Salad Dressing

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-parsley-salad-recipe>

## Ingredients:

- 1 pear cored and chopped, not peeled
- 2 tablespoons olive oil
- 1/4 cup water
- 1 cup parsley roughly chopped
- 3 cloves garlic pressed
- 1/4 teaspoon sea salt celtic

## Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 8 grams
3. Fat: 7 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 160 milligrams
8. Sugar: 5 grams

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