

Easy Homemade Spaghetti Sauce

Yield: 8 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-olives-recipe>

Ingredients:

- 2 pounds ground beef
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 2 cups white onion chopped, about 1 large
- 1 1/3 cups green bell pepper chopped, about 1 medium
- 8 ounces white mushrooms sliced
- 3 garlic cloves minced
- 1 teaspoon salt
- 3/4 cup tomato paste
- 45 ounces tomato sauce
- 2 bay leaves
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 3 3/4 ounces black olives sliced
- 1/4 cup fresh parsley chopped

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 75 milligrams
4. Fat: 22 grams
5. Fiber: 7 grams
6. Protein: 26 grams
7. SaturatedFat: 8 grams
8. Sodium: 1540 milligrams
9. Sugar: 19 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Easy Homemade Spaghetti Sauce above. You can see more 19 lebanese olives recipe Unlock flavor sensations! to get more great cooking ideas.