

# Whiskey Hot Tea Toddy

Yield: 1 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-hot-tea-recipe>

## Ingredients:

- 1 teaspoon honey
- 5 whole cloves
- 1 whole anise star
- 1 1/2 ounces rye whiskey
- 1/2 cup hot tea or more, to taste already-brewed, I used English Breakfast
- 1 teaspoon honey
- 1 1/2 ounces bourbon
- 1/2 cup chamomile tea already-brewed
- 1 slice meyer lemon

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 15 grams
3. Fat: 1 grams
4. Fiber: 2 grams
5. Sodium: 15 milligrams
6. Sugar: 12 grams

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