

# Shakshuka Middle Eastern Breakfast Dish

Yield: 2 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-hot-chilli-sauce-recipe>

## Ingredients:

- 2 teaspoons vegetable oil
- 2 cloves garlic minced
- 1 onion chopped
- 1 zucchini chopped
- 10 ounces crushed tomatoes
- 4 dashes hot pepper sauce such as Tabasco®
- 4 eggs
- 1 pinch salt

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 425 milligrams
4. Fat: 15 grams
5. Fiber: 5 grams
6. Protein: 18 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 520 milligrams
9. Sugar: 6 grams

---

Thank you for visiting our website. Hope you enjoy Shakshuka Middle Eastern Breakfast Dish above. You can see more 20 lebanese hot chilli sauce recipe Discover culinary perfection! to get more great cooking ideas.