

Toum - Lebanese Garlic Spread

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-garlic-spread-recipe>

Ingredients:

- 4 heads garlic peeled, about 30 cloves
- 3 cups vegetable oil
- 1 lemon freshly juiced
- 1 tablespoon kosher salt

Nutrition:

1. Calories: 1460 calories
2. Carbohydrate: 6 grams
3. Fat: 163 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. SaturatedFat: 11 grams
7. Sodium: 1800 milligrams
8. TransFat: 5 grams

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