

Honey Garlic Chicken

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-garlic-chicken-recipe>

Ingredients:

- 1 pound chicken choice
- 6 cloves garlic minced
- 1/3 cup honey
- 1 tablespoon rice vinegar or vinegar of choice
- 1 tablespoon soy sauce

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 75 milligrams
4. Fat: 3.5 grams
5. Protein: 23 grams
6. SaturatedFat: 1 grams
7. Sodium: 310 milligrams
8. Sugar: 23 grams

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