

Lebanese Beet Salad

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-beet-salad-recipe>

Ingredients:

- 4 beets fresh, each about 125 grams
- salt
- 1 pomegranate about 200 grams
- 1 tablespoon honey
- 2 red onions
- 1 bunch radish
- 1 bunch parsley
- 1/2 bunch mint
- 1 garlic clove
- 1/2 lemon
- 5 tablespoons olive oil
- pepper

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 36 grams
3. Fat: 18 grams
4. Fiber: 9 grams
5. Protein: 5 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 280 milligrams
8. Sugar: 24 grams

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