

Black Bean + Cornbread Panzanella Salad

Yield: 3 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/layered-mexican-cornbread-salad-recipe>

Ingredients:

- 1 batch cornbread cut into cubes
- 12 ounces baby romaine lettuce
- 1 cup black beans
- 1 cup corn salsa copycat chipotle
- 1 avocado cubed
- 1 pint grape tomatoes halved
- pepper
- salt
- 2 tablespoons olive oil
- 1 tablespoon rice vinegar
- 1/2 tablespoon red pepper or chile oil
- 2 teaspoons honey
- 2 limes
- 1 pinch salt + pepper

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 44 grams
3. Fat: 19 grams
4. Fiber: 17 grams
5. Protein: 10 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 1140 milligrams
8. Sugar: 13 grams

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