

# Baked Rigatoni with Sausage & Broccoli Rabe

Yield: 6 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/lauren-kitchen-recipe-italian-sausage-broccoli-rabe-pasta>

## Ingredients:

- 1 1/2 pounds italian sausage halved and cut into 1/2-inch-thick slices
- 2 bunches broccoli rabe or broccolini, cut into 1-inch pieces
- 1/2 cup dry white wine
- freshly ground pepper Salt and, to taste
- 24 garlic cloves peeled and simmered in 1/3 cup olive oil until tender, oil reserved
- 8 ounces onions cipollini, peeled and halved
- 3 fresh thyme sprigs
- 1/2 pound rigatoni cooked until al dente
- 1 cup ricotta cheese
- 1 pinch chili flakes
- 2 ounces parmigiano reggiano cheese grated

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 125 milligrams
4. Fat: 44 grams
5. Fiber: 3 grams
6. Protein: 29 grams
7. SaturatedFat: 17 grams
8. Sodium: 1040 milligrams
9. Sugar: 2 grams

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