## RecipesCh@-se

## My Favorite Lasagna

Yield: 12 min Total Time: 120 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/lasagna-recipe-with-ground-turkey-and-italian-sausage">https://www.recipeschoose.com/recipes/lasagna-recipe-with-ground-turkey-and-italian-sausage</a>

## **Ingredients:**

- 1 pound ground turkey I use 93% lean ground beef
- 1 pound italian sausage
- 72 ounces spaghetti sauce Prego, Italian sausage is a nice flavor
- 1/2 onion a large, diced
- 4 garlic cloves
- 1 teaspoon minced garlic
- 6 ounces tomato paste
- 2 cups grated Parmesan cheese divided use
- 2 eggs
- 1/4 cup chopped parsley
- 1/2 teaspoon salt
- 1/4 teaspoon ground pepper
- 1 teaspoon basil
- 1 teaspoon oregano
- 24 ounces lasagna noodles Barilla uncooked
- 2 cups shredded mozzarella cheese
- 15 ounces diced tomatoes can Italian Ro-Tel, with green chilies, this is hard to find, I usually use the regular diced tomatoes with g...
- 32 ounces Polly-O Ricotta Cheese container
- 1 1/2 cups water
- olive oil

## **Nutrition:**

Calories: 510 calories
Carbohydrate: 30 grams
Cholesterol: 125 milligrams

4. Fat: 31 grams5. Fiber: 6 grams

6. Protein: 28 grams

7. SaturatedFat: 12 grams8. Sodium: 1610 milligrams

9. Sugar: 19 grams

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