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Best Vegetarian Meatloaf

Yield: 9 min Total Time: 120 min

Recipe from: https://www.recipeschoose.com/recipes/meatloaf-recipe-with-swiss-cheese

Ingredients:

- 1 1/2 cups cooked brown rice
- 1 1/2 cups walnuts
- 1/2 cup cashews
- 1 yellow onion
- 3 cloves garlic
- 3 ounces shiitake mushrooms
- 3 ounces baby bella mushrooms
- 2 tablespoons fresh flat leaf parsley chopped
- 2 tablespoons olive oil
- 1 teaspoon dried marjoram
- 1 teaspoon dried thyme
- 1 teaspoon dried sage
- 4 large eggs
- 1 cup cottage cheese
- 12 ounces Swiss cheese grated
- 1 teaspoon kosher salt
- 1/2 teaspoon freshly ground black pepper

Nutrition:

Calories: 480 calories
Carbohydrate: 20 grams
Cholesterol: 135 milligrams

4. Fat: 36 grams5. Fiber: 3 grams6. Protein: 22 grams7. SaturatedFat: 11 grams8. Sodium: 460 milligrams

9. Sugar: 3 grams

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