

Traditional Lasagna

Yield: 12 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/lasagna-recipe-traditional-new-york-italian>

Ingredients:

- 12 pieces Dreamfields Lasagna
- 1 tablespoon olive oil
- 1 clove garlic minced
- 1/2 cup chopped onion
- 1/2 cup carrots chopped
- 1/2 cup chopped celery
- 8 ounces sliced mushrooms optional
- 8 ounces lean ground beef
- 8 ounces italian sausage
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 15 ounces part-skim ricotta cheese
- 3 cups shredded mozzarella cheese
- 1/2 cup grated Parmesan cheese
- 4 cups marinara sauce

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 65 milligrams
4. Fat: 21 grams
5. Fiber: 3 grams
6. Protein: 21 grams
7. SaturatedFat: 10 grams
8. Sodium: 990 milligrams
9. Sugar: 9 grams

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