

# Middle Eastern sausage rolls

Yield: 32 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/lamb-middle-east-recipe>

## Ingredients:

- 4 shallots 100g, chopped finely
- 3 cloves garlic crushed
- 1 kilogram lamb minced, ground
- 2 tablespoons tomato paste
- 1/2 cup breadcrumbs packaged
- 1/2 cup pistachios chopped coarsely
- 1/4 cup fresh coriander finely chopped, cilantro
- 1/4 cup spice blend middle eastern
- 3 teaspoons fennel seeds
- 3 eggs
- 4 puff pastry sheets
- sea salt flakes for sprinkling

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 45 milligrams
4. Fat: 20 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. SaturatedFat: 6 grams
8. Sodium: 170 milligrams
9. Sugar: 1 grams

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